



# Spiritual Pilgrimages on the Camino de Santiago and More

ITALY \* PORTUGAL \* SPAIN



## THREE UNIQUE PILGRIMAGES

*What are you doing every fall from 2026 to 2030?* Never thought you had time or stamina to walk a full **Camino de Santiago in Spain**? This is your chance! *Our October 2026 hike is the first in a five-part series* that will take you all the way to Santiago—one section from fall 2026 through 2030. By breaking the pilgrimage into approachable parts, we make space for connection, reflection, and the joy of returning to the path year after year. Pilgrim passport stamps collected along the way never expire, so by the end of the five-year journey, you'll be eligible to

receive the Compostela (certificate of completion) in Santiago. **Join us on the Spanish Camino del Norte (Part 1 of 5) - October 15-25, 2026.** [Click here](#) for full itinerary and routing for all five treks.

We are also excited to announce the **Camino Portuguese and Spanish Spiritual Variant**: 3 interwoven trails. 2 countries. 1 extraordinary journey. Join us on this one-of-a-kind Camino de Santiago pilgrimage. [Click here](#) for itinerary.

Or is **Tuscany, Italy** calling you on **The Via Francigena**, an ancient pilgrimage trail stretching from Canterbury to Rome? Our walk will focus on one of its most iconic sections—40 to 50 miles through the heart of Tuscany—where we'll meet fellow travelers, cross striking landscapes, and savor the region's rich cuisine. This immersive experience takes us through authentic Italian villages, alive with medieval piazzas and open-air cafés. [Click here](#) to take a glimpse of this Tuscany adventure.





## **A JOURNAL from France:**

### **Sacred Journeys by Sally Bassett**

*"Spiritual journeys often leave an imprint far deeper than any ordinary vacation. Seeing Machu Picchu for the first time, standing on the banks of Mother Ganga in Rishikesh, or arriving at St. James Cathedral after walking the Camino de Santiago—these experiences don't just take your breath away, they wake something up inside you. There's profound beauty in connecting with nature, history, and the sacred through travel. It grounds you. It lifts you.*

*A spiritual journey is the process of going on a quest—internally and externally—to gain a deeper understanding of yourself, your beliefs, and how you relate to the Divine, to others, and to the world. Like yoga, it is both inward and outward. Sometimes it happens in stillness. Sometimes it happens while*

*climbing mountains or walking unfamiliar streets.  
Either way, it's about connection" [Read more....](#)*



### **NEW PLAYGROUND FOR GIRLS FOR SUCCESS SCHOOL - RIP DIANNE HOLLENBECK**

Our Girls for Success School in Costa Rica has added a beautiful playground in memory of one of our beloved local yoga students and PTYF traveler. Dianne Hollenbeck is deeply missed, and we feel incredibly grateful to honor her through the generosity of the donors who made this tribute possible.







## TESTIMONY: FISHERMAN'S TRAIL IN PORTUGAL

*"Hiking the Fisherman's Trail in Portugal was a life-changing experience. As I followed the rugged coastal path, with the Atlantic crashing below and endless cliffs stretching ahead, I felt a deep sense of freedom and connection to nature.*

*It's a trail that humbles you with its beauty, challenges you with its sand, and rewards you with fresh seafood that tastes like it was seasoned with sea breeze, love and divine intervention. Every village felt like stepping into a postcard, except with better wine and fewer tourists.*

*In short, this wasn't just a hike. It was a soul-stirring, stork-stalking pilgrimage that reminded me of how good it feels to be alive. The waves, the wind, the salt – they didn't just touch my skin, they rewrote something inside, as I listened to the ocean tell its story." Medina Sabirova*

**Next trip: March 21-27, 2026. [Click here](#) for itinerary.**



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***"Pilgrimage is not about the destination; it is  
about the journey." – Paulo Coelho***

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