



PEACE THROUGH YOGA FOUNDATION

WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

1. In consideration for receiving permission to participate in the Peace Through Yoga Foundation trip to _____ ("the trip") from _____ through _____ I hereby release, waive, discharge and covenant not to sue Peace Through Yoga Foundation, its officers, servants, agents and employees (hereinafter referred to as "releases") from any and all liability, claims, demands, actions and causes of action whatsoever arising out of or relating to any loss, damage or injury, including death, that may be sustained by me, or to any property belonging to me, whether caused by the negligence of the releases, or otherwise, while participating in this trip, or while in, on or upon the premises where the Trip is being conducted, while in transit to or from the premises, or in any place or places connected with the trip.

2. I am fully aware of risks and hazards connected with being on the premises and participating in the Trip and I am fully aware that there may be risks and hazards unknown to me connected with being on the premises and participating in the Trip, and I hereby elect to voluntarily participate in the Trip, to enter upon the above names premises and engage in activities knowing that conditions may be hazardous, or may

become hazardous or dangerous to me and my property. I voluntarily assume full responsibility for any risks of loss, property damage or personal injury, including death, which may be sustained by me, or any loss or damage to property owned by me, as a result of my being a participant in the Trip, whether caused by the negligence of releases otherwise.

3. I further hereby agree to indemnify and save and hold harmless the releases and each of them, from any loss, liability, damage or costs they may incur due to my participation in this Trip, whether caused by the negligence of any or all of the releases or otherwise.

4. It is my express intent that this Release shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representative, if I am deceased, and shall be denied as a Release, Waiver, Discharge and Covenant Not to Sue the above named releases.

In signing this release, I acknowledge and represent that:

- A. I have read the foregoing release, understand it and sign it voluntarily as my own free act and deed;
- B. No oral representation, statements or inducements, apart from the foregoing written agreement, have been made;
- C. I am at least eighteen (18) years of age and fully competent; and
- D. I execute this Release for full, adequate and complete consideration fully intending to be bound by same.

Participant Signature:

Name printed: _____
Date: _____