



After 18 years working in Costa Rica and three rental properties, our new Girls for Success Center is complete!

A huge thanks to all our donors and sponsors who have made this dream become a reality. Since 2005 we have loved working with the girls in the rainforest area on the Caribbean side of Costa Rica. There have been 40 extraordinary PTYF groups that have visited this area for adventure and yoga as well as service to these girls.

This school is in memory of our long-time sponsor and dear friend, Jean Deeds, who donated \$25,000 the summer of her death in 2020. After a capital campaign this past year, our construction including the lot has been completed at a total cost of \$100,113. The community is overjoyed.

We are now accepting more girls between 6-14 years old for the 2024 school year. We have two final needs: another 10 bicycles for the girls at \$270 each including a lock AND six girls who need annual sponsors at \$500 a year. Our long-term sustainability has been due to having sponsors for each of our girls. If interested, please contact Liseth Carpio at lis.blaze@gmail.com for more information and bios on the girls needing sponsors.

To donate, click [here](#) and select "Donate" at the upper right-hand corner or send a check to PTY Foundation;

5723 Lower Garden Way; Zionsville, IN 46077.



Thirty Girls and Counting...

The purpose of the Girls for Success program is to enrich, educate, and empower girls in the rural area of Hone Creek, Carbon I and the surrounding community in Costa Rica.

The Girls for Success Center provides daily after-school English classes to girls ages 6 to 14. The three-hour classes are offered by a teacher with advanced command of the English language. The program also offers additional classes in technology, dance, sewing, art and business skills. Each month, students participate in life skills workshop or an educational excursion. For high school aged girls, we have The Bilingual Club. This helps the older girls to further their proficiency in English and to inspire them to pursue a university education and/or a career. In 2023 we added monthly STEAM (science, technology, engineering, arts and mathematics) workshops for all of our students. This has been supported by a grant from the U.S. Embassy Public Dipomacy Grant.



[Click here for more information on our Costa Rica girls' program](#)

INDIA - International Yoga Festival March 2025

Mark your calendar now for the International Yoga Festival in Rishikesh, India March 2025. Rishikesh is the yoga capital of the world. In this yoga immersion and celebration, you have the opportunity to embrace every major style of yoga and learn from enlightened spiritual leaders, master yoga teachers, and wellness specialists from around the world. Awaken to the best version of yourself and ignite your inner light through this not-to-be-missed event at Parmarth Niketan Ashram, the largest ashram in Rishikesh and one of the largest interfaith yoga institutions in India. After years of offering the International Yoga Festival, PTYF is excited to be returning to the banks of the Ganga River.



[Click here for preliminar India itinerary for March 2025](#)

WE HOPE TO SEE YOU ON ONE OF OUR INTERNATIONAL RETREATS SOON!

- **Dominica Caribbean Adventure:** February 3–10, 2024
- **Guatemala – a Mystical Mayan Experience:** March 16–23, 2024
- **Morocco** – April 4–13, 2024
- **Camino de Santiago** – May 10–19, 2024 (sold-out) and May 12–21, 2024 (1 room left and one gal looking for a roommate)
- **France Countryside and Ashram Retreat** – September 8–15, 2024 (book early as single rooms are limited)
- **Belize – A Private Island Getaway** – November 9–16, 2024 (2 rooms left)
- **India – International Yoga Festival** – March 2025

